



# UNIVERSITY OF LA VERNE

## KINESIOLOGY DEPARTMENT

### Physical Education Teacher Education (PETE) Concentration

- The minimum number of units necessary to graduate with the Bachelor of Science in Kinesiology is 128.
- The PETE concentration requires you to complete the Kinesiology Core (KINE 151, 230, 323, 345, 355, 456 + 456L, 499A, 499B), plus KINE 380 & 381, plus 210, 211, 212, 213, 214, 215, 250, 330, 333, 420 electives in Kinesiology, plus 6 s.h. of activities– 64 s.h. total

Fall – 1 <sup>st</sup> Year	S.H	January- 1 <sup>st</sup> year	Spring – 1 <sup>st</sup> year	S.H.
FLEX	12	GE or BIO 343 + Lab	KINE 230	4
- KINE 151 Health & Physical Fitness Strategies			WRT 111 College Writing B	4
- BIO 201 General Biology + Lab			BIO 343 Human Anatomy + Lab or GE	4
- WRT 110 College Writing			KINE 210 Skill Themes & Movement Concepts	2
General Education (Math, Psy 101, etc.)	4		KINE 215 Methods of Teaching Gymnastics	2
			Activity Course (KINE 002 – 049)	1
<b>total</b>	<b>16</b>	<b>4 (optional)</b>		<b>17</b>
Fall – 2 <sup>nd</sup> Year		January – 2 <sup>nd</sup> Year	Spring – 2 <sup>nd</sup> Year	
KINE 213 Sport Education	2	Elective**	KINE 250 Adapted Physical Education	4
KINE 214 Lifelong Fitness	2		KINE 380 Motor Development	4
Chemistry* (103 or 201)	4-5		KINE 211 Sport & PA for TSPR	2
SOLVE (LVE 200)	2		KINE 212 TGfU Physical Literacy	2
SPCH 100 Speech Communication	2		General Education	4
General Education	4		Activity Course (KINE 002 – 049)	1
Activity Course	1			
<b>Total</b>	<b>17-18</b>	<b>2-4 (optional)</b>		<b>17</b>
Fall – 3 <sup>rd</sup> Year		January 3 <sup>rd</sup> Year	Spring – 3 <sup>rd</sup> Year	
KINE 323 Biomechanics	4	Elective**	KINE 345 Research Methods & Design	4
KINE 355 Anatomical Kinesiology	4		KINE 456 + Lab	4
General Education	4		KINE 330 Elementary Physical Education	4
KINE 381 Motor Learning	4		General Education	4
Activity Course (KINE 002 – 049)	1-2		Activity Course (KINE 002-049)	1
<b>Total</b>	<b>16-17</b>	<b>2-4 (optional)</b>	<b>Total</b>	<b>17-18</b>
Fall – 4 <sup>th</sup> Year		January 4 <sup>th</sup> Year	Spring – 4 <sup>th</sup> Year	
KINE 499a Senior Seminar A	2	Elective**	KINE 499b Senior Seminar B	2
KINE 333 Curriculum & Organization in PE	4		LVE 400	2
Elective	4		KINE 420 Philosophy of Teaching & Coaching	2
Elective	4		Elective	4
Activity Course (KINE 002 – 049)	1-2		Elective	4
<b>Total</b>	<b>15-16</b>	<b>2-4 (optional)</b>		<b>14</b>

Total 64-67

Total 10-16

Total 65-66

Overall Total 129 - 149