



**Psy.D. Program in Clinical Psychology
 Personal Psychotherapy Verification and Hours Tracking Form
 Psy 635/636 (first practicum)**

Rationale

Each student is required to complete a minimum of 20 hours of personal psychotherapy during the program. Students must complete a minimum of 10 hours of personal psychotherapy during each year of required practica (Psy 635-636, 655-656). Students must complete their 20 hours of personal psychotherapy by the end of Psy 656. Students may select any licensed therapist of their choice, or any person who has completed all coursework and degree requirements, but who is in the process of accruing supervised hours toward licensure requirements.

Sometimes, students may find it necessary to change therapists for a variety of reasons. In the event that a student does change therapists, that student must submit a new Personal Psychotherapy Verification and Hours Tracking Form.

Student name	
Date therapy began	
Therapist name (printed)	
Therapist address	
Therapist license number	

Hours tracking		
Hour	Date	Therapist's signature
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

10 hour Personal psychotherapy requirement for 635/636 has been met

Program Chair Signature _____

Date _____